Do You Qualify for the Idaho Food Stamp Program?

**Are you eligible to receive food stamps?**

In addition to meeting other characteristics, households may be eligible to participate in the Food Stamp Program if their income is below the following income limits:

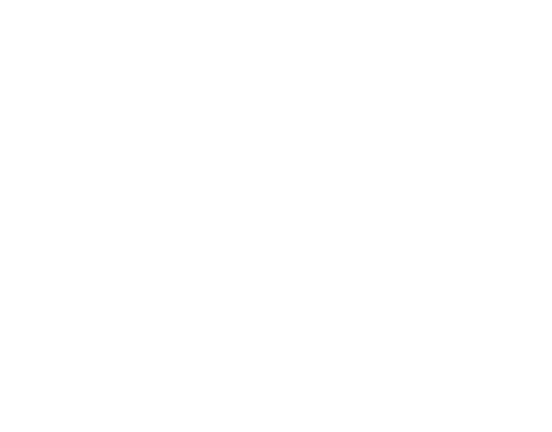
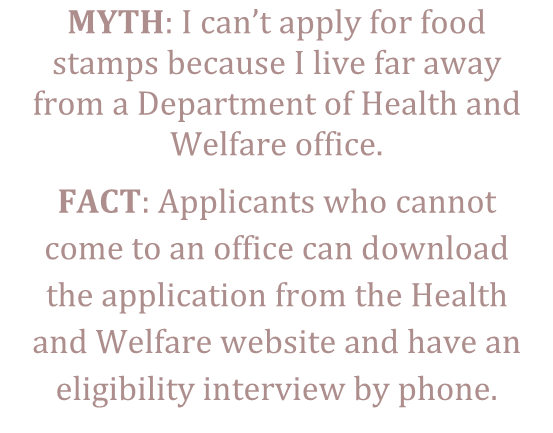
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| --- | --- |
|  |  |
| **Household Size** | **Gross Monthly Income (130% of federal poverty guideline)** |
| 1 | $ 1,287 |
| 2 | 1,736 |
| 3 | 2,184 |
| 4 | 2,633 |
| 5 | 3,081 |
| 6 | 3,530 |
| 7 | 3,980 |
| 8 | 4,430 |
| Each additional household member | + 451 |

\*Accurate gross monthly income limits as of October 1st, 2016

Idahoans who receive TAFI, SSI or ABBD are **automatically income-eligible** to receive food stamps.

To apply for the Idaho Food Stamp Program, visit your local Department of Health and Welfare office, or access an application at [**http://healthandwelfare.idaho.gov/.**](http://healthandwelfare.idaho.gov/)

Fact or Fiction? Myths about Access to the Food Stamp Program



**MYTH**

I

:

can’t apply

for food

stamps because

I live far away

from a Department of Health and

Welfare office.

**FACT**

:

Applicants

who cannot

come to an office can download

the

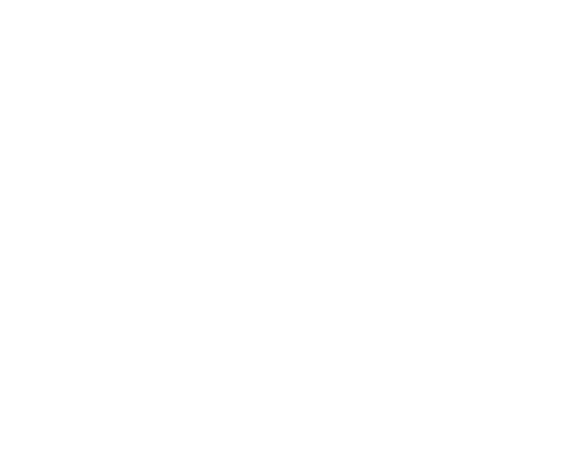
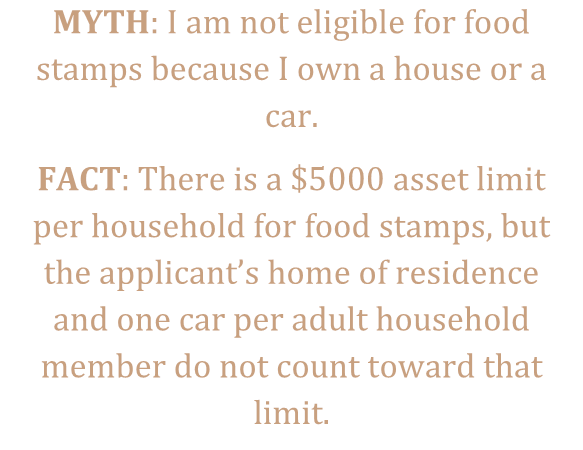
application from the H

ealth

and Welfare website and have an

eligibility interview by

phone.



**MYTH**

I am not eligible for food

:

stamps because I own a house or a

car.

**FACT**

There is a $5000

:

asset limit

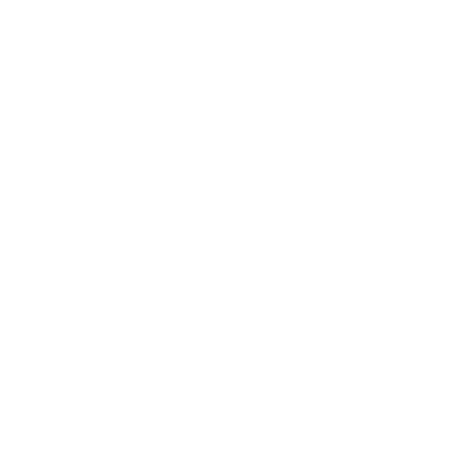
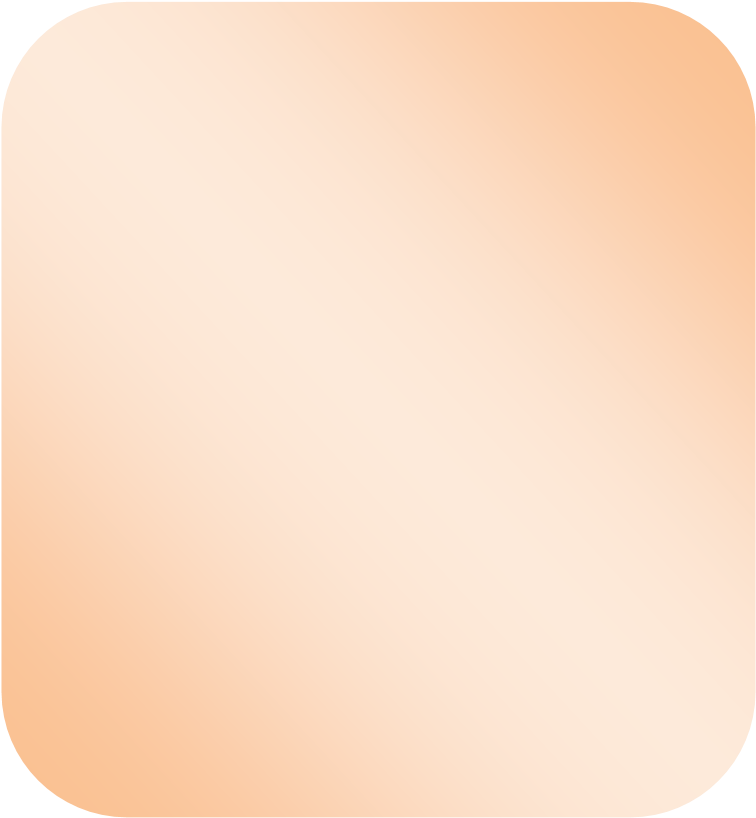
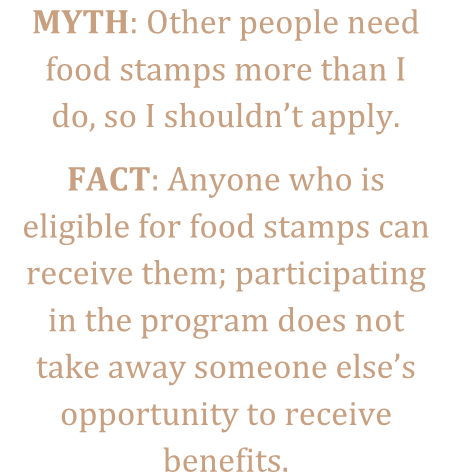
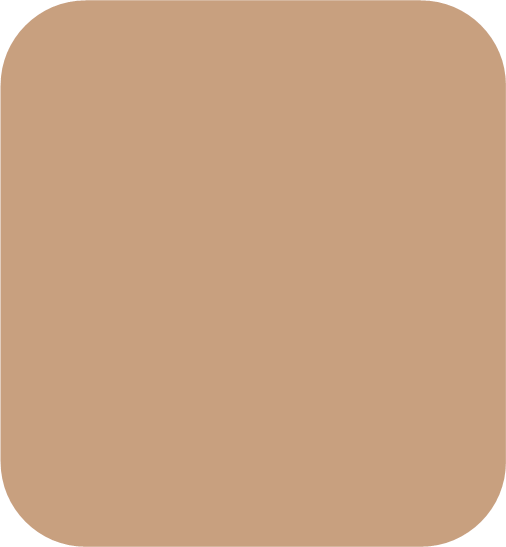
per household for food stamps, but

the applicant’s home of residence

and one car per adult household

member do not count toward that

limit.



**MYTH**

:

O

ther people need

food stamps more than I

do, so I shouldn’t apply.

**FACT**

Anyone who is

:

eligible for food stamps can

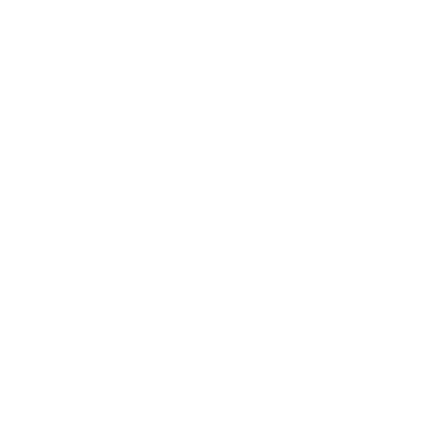
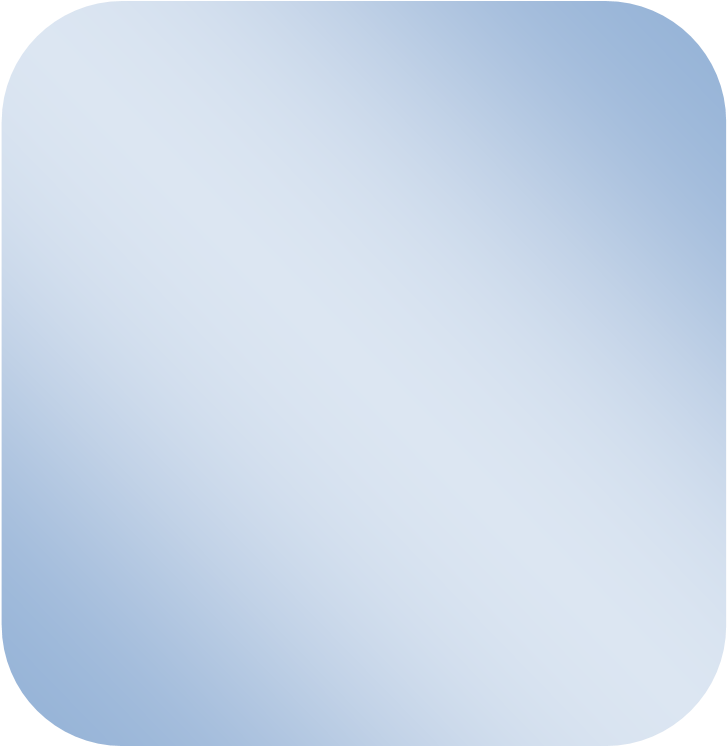
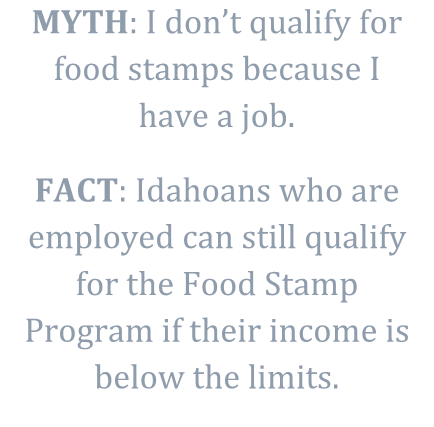
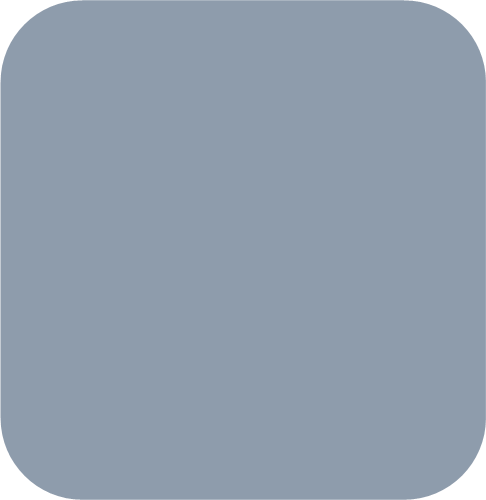
receive them; participating

in the program does not

take away someone else’s

opportunity to receive

benefits.



**MYTH**

:

I don’t qualify for

f

ood stamps because I

have a job.

**FACT**

:

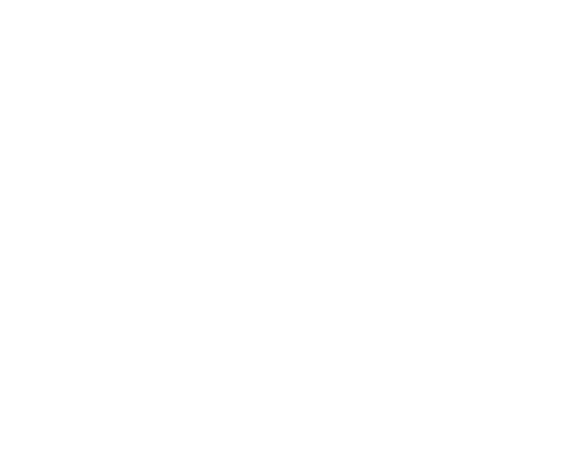
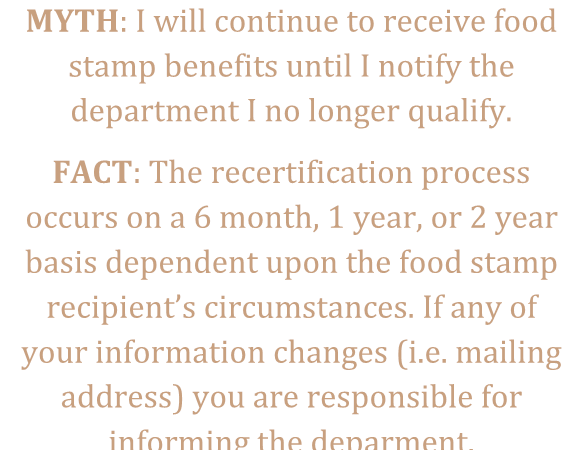
Idahoans who are

employed can still qualify

for the Food Stamp

Program if their income is

below the limits.



**MYTH**

:

I will continue to receive food

stamp benefits until I notify the

department I no longer qualif

y.

**FACT**

:

The recertification process

occurs on a 6 month, 1 year, or 2 year

basis dependent upon the food stamp

recipient’s circumstances. If any of

your information changes (i.e. mailing

address) you are responsible for

informing the deparment.

**For more information about applying for the Idaho Food Stamp Program, call 2-1-1 or visit the website of the Idaho Department of Health and Welfare,** [**http://healthandwelfare.idaho.gov/.**](http://healthandwelfare.idaho.gov/)